

MOCK CODES

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Long term survival of arrest depends on:

Response Time

Quality of Resuscitation

Response Time

Physical arrival of personnel

Ability of responders to organize

Quality of Resuscitation

Recognition of pathology

Technical skills of responders

Mock Codes

- Reinforce Roles
- Practice principles of BLS, PALS
- Practice technical skills
- Work through diagnostic problem
- Pinpoint problems
- Provide immediate feedback

Roles

Doctors:

1-Team Leader

2-Airway

3-Bedside

4-Float

Team Leader

- Assign roles
- Run code, only one to give orders
- Request consults
- Crowd/Noise control

Airway

- Airway: O₂, Suction, Intubation
- CNS: Pupils
- Cervical spine control
- Assist with other items once airway controlled
- Travel

Bedside

- Survey
- Compressions
- Procedures: IO placement, Blood gases, defibrillation

Float

- History
- Liaison
- Relief

Roles

Nurses:

- 1-Bedside Nurse (Primary)
- 2-Medication/Documentation
- 3-Charge
- 4-SERT
- 5-HUS

Bedside (Primary)

- Nursing assessment
- Assist with procedures:
NG/Foley, IV/IO, draw labs
- Administer meds, hang fluids
- Airway tray
- Prepare for transport, travel

Medication/Documentation

- Document
- Draw meds, mix drips
- Communicate with Team Leader

Charge Nurse

- Obtains meds outside resus room
- Circulating nurse
- Assist with miscellaneous items
- Crowd/Noise control

SERT

- CR monitor/Pulse Ox
- IV/Labs
- Weight
- Vital signs
- Assist with airway/compressions

HUS

- Call appropriate consults
- Call for services (X-rays, EKG, etc)
- Notify Pastoral Care, Security, Social Services
- Send labs

Key Points

Airway/Breathing:

1-Suction

2-Oxygen, Non-rebreather

3-Bag/Mask

4-Intubation equipment/meds

Key Points

Circulation:

1-Peripheral IV or IO (eg. Asystole)

2-IO after 90 seconds

3-Labs/Bedside glucose

4-Fluids

5-Meds/Drips

The Mock Code

- This is no dummy
- Treat as a patient
- Ask for details of VS, exam, labs

The Mock Code

- All well-run codes are stressful, even Mock scenarios
- A learning forum, not a judgment opportunity
- Hands-on participation is essential